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CHKD 17th Annual Donald W. Lewis Pediatric and Adolescent

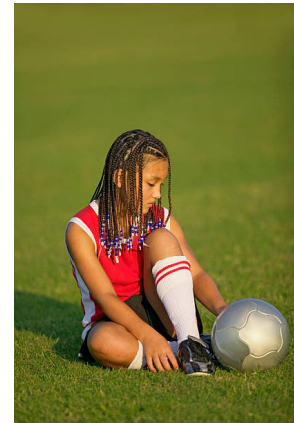
Sports Medicine Update for Primary Care
June 13, 2024



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HOW WE GOT STARTED...

- September 2019 – Meeting to discuss youth sports mental health
- March 2020 – Building Mental Wellness, Boosting Sports Performance
- Youth Sports: Coaching Positive Mental Health Series
 - October 2020- Virtual Pandemic Playbook
 - [A Student Athlete's Perspective](#)
 - January 2021- Virtual #Bench the Stigma
 - April 2021- Virtual #WhoRU
 - November 2021- Tidewater Bombers (parent and athletes)





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Launching the Alliance



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Thank you.