

CELEBRATING
10 YEARS

JMHS
JOINT MENTAL HEALTH SUMMIT



2024 Joint Mental Health Summit

**Accessing and Navigating Mental Health
Resources and Services for the
Workforce and Community**

April 16, 2024

8:30 am – 2:30 pm

Presented by:

EVMS
M. FOSCUÉ BROCK
INSTITUTE FOR COMMUNITY
AND GLOBAL HEALTH

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 **Bon
Secours**

 **Children's Hospital
of The King's Daughters**

 **HAMPTON**
VA MEDICAL CENTER



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DBHDS
Virginia Department of Behavioral Health
and Developmental Services



Virginia Department of Veterans Services

*All events take place in Waitzer Hall Room 100 or the Lobby.
5-10 minute breaks will be provided between speaker sessions.*

8:00 am Registration and Light Breakfast

8:30 am Welcome and Summary of Summit

Cynthia Romero, MD, FAAFP
Director, M. Foscue Brock Institute
Eastern Virginia Medical School

Alfred Abuhamad, MD
President, Provost & Dean of the School of Medicine
Eastern Virginia Medical School

8:40 am State of Behavioral Health in the Commonwealth

Nelson Smith, *Commissioner*
VA Dept. of Behavioral Health & Developmental Services

9:15 am Highlighting Behavioral Health Workforce Data

Carrie Sutter, DNP, CFNP, *Co-Director, Center for Health Workforce at Mason, Professor of Nursing, College of Public Health School of Nursing*
George Mason University

9:55 am Mental Health Workforce in Hampton Roads

Moderator:

Jennifer Flaherty, Ph.D., *Clinical Psychologist, Mental Health Service Line, Psychiatry and Psychology*
Children's Hospital of the King's Daughters

Panelists:

Kurt Hooks, Ph.D., LPC-S, MPH, *Chief Executive Officer*
Virginia Beach Psychiatric Center

Shawn Avery, *President and CEO*
Hampton Roads Workforce Council

Angela Sheaffer, DNP, RN, CCRN-K, *Dean of Nursing and Allied Health*
Camp Community College

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5-10 minute breaks will be provided between speaker sessions.*

**11:05 am Improving Health Outcomes in the Mental Health
Workforce through Programmatic Support**

Moderator:

Brynn Sheehan, Ph.D., *Associate Professor, Psychiatry and Behavioral
Sciences, Director, Research and Infrastructure Service Enterprise (RISE)*
Eastern Virginia Medical School

Panelists:

Linda Rice, Ph.D., *Vice President for Grant Making*
Hampton Roads Community Foundation

Jessica Mullen, *Program Officer*
OBICI Foundation

Maninder Singh, MD, *Chief of Mental Health and Behavioral Sciences*
Hampton VA Healthcare System

12:05 pm Break for Lunch

12:30 pm Mental Health Resources in Hampton Roads

Moderator:

Susannah Uroskie, *Board President*
NAMI Coastal Virginia

Panelists:

Megan Flaherty, LCSW, *Community Engagement Partnership Coord.*
Hampton VA Suicide Prevention

Shirley Brackett, *Director of Crisis Response*
ForKids

Staci Young, LPC, *Director of Acute Care Services*
Western Tidewater CSB

1:35 pm Guided Discussion

2:25 pm Closing Remarks and Adjourn

Overall Summit Objectives

Objectives:

- Explore state and regional data on mental health wellness in individuals and in the workplace.
- Assess steps to improve mental health wellbeing outcomes in businesses and organizations.
- Discuss best practices in addressing mental health education, resources and support services for improved patient care.

State of Behavioral Health in the Commonwealth

Objectives:

- Identify challenges facing Virginia's mental health services and systems and examine how state policies and initiatives are driving change.

Commissioner Nelson Smith

Virginia Department of Behavioral Health and Developmental Services

Nelson Smith was appointed by Governor Glenn Youngkin in 2022 to be the Commissioner of the Virginia Department of Behavioral Health and Developmental Services (DBHDS), a state agency that operates 12 state hospitals and facilities with over 6,000 employees, and oversees a \$2.5 billion system that annually serves 217,000 Virginians and families struggling with behavioral health disorders and developmental disabilities. Under Nelson's leadership, DBHDS has modernized the way crisis services are delivered, made significant improvements to the state hospital system, and developed the capacity for continued progress throughout the system of care. With a strong foundation in faith, family, and love of country, Nelson remains dedicated to improving the lives of those he serves.

Highlighting Behavioral Health Workforce Data

Objectives:

- Examine data related to the current trends in the behavioral health workforce.

Carrie Sutter DNP, CFNP

Co-Director Center for Health Workforce at Mason, Professor of Nursing, George Mason University College of Public Health School of Nursing

Carrie is a healthcare professional with extensive experience in clinical practice, education, leadership and community engagement. Most recently, she co-founded and co-directs the Center for Health Workforce at George Mason University, which serves as a vital resource hub for health workforce development for the Commonwealth of Virginia, driving research, community planning, and collaborative efforts in the pursuit of an enhanced health workforce.

Panel: Mental Health Workforce in Hampton Roads

Objectives:

- Explore the challenges and strategies to recruiting and retaining a robust and diverse mental health workforce in Hampton Roads.

Jennifer Flaherty, Ph.D.

**Clinical Psychologist, Mental Health Service Line, Psychiatry and Psychology
Children's Hospital of the King's Daughters**

Dr. Jennifer Flaherty is a clinical psychologist at CHKD focusing on psychological and neuropsychological evaluations for children and adolescents. Dr. Flaherty is also an assistant professor at EVMS and a faculty member with the Virginia Consortium Program in Clinical Psychology. Dr. Flaherty has been involved with planning the Joint Mental Health Summit since 2016.

Kurt Hooks, Ph.D., LPC-S, MPH

Chief Executive Officer, Virginia Beach Psychiatric Center

Dr. Hooks is the CEO of Virginia Beach Psychiatric Center, which is the largest, private, free-standing acute care facility for adults in the Commonwealth. Dr. Hooks has been engaged in Behavioral Health in Hampton Roads for 24 years, as a clinician, program developer/coordinator and hospital administrator. He is a Licensed Professional Counselor (and counseling supervisor), and has taken the lead in many initiatives in the field- such as launching the Behavioral Health Service Line at Chesapeake Regional Healthcare, creating Chesapeake's first Crisis Intervention Team, and designing and implementing a first in state ED Opioid Treatment Bridge program. Dr. Hooks was named amongst the top 25 Executives in Virginia in 2023 by C-Suite Spotlight.

Shawn Avery

President and CEO, Hampton Roads Workforce Council

Shawn Avery is the President and CEO of the Hampton Roads Workforce Council, where he leads the largest workforce board in Virginia. He is a recipient of numerous regional and state awards and currently serves on the GO Virginia and the Hampton Roads Alliance Boards.

Angela Sheaffer, DNP, RN, CCRN-K

Dean of Nursing and Allied Health, Camp Community College

Dr. Sheaffer has been a nurse for over 25 years with experience in critical care and emergency nursing. She has been in academics for a decade and is the current Dean of Nursing and Allied Health at Camp Community College. She has always been an advocate for mental health and is currently collaborating in the development of a G3 pathway mental health degree beginning at the community college.

Panel: Improving Health Outcomes in the Mental Health Workforce through Programmatic Support

Objectives:

- Examine funded programs that support needs and address gaps of the behavioral health workforce.
- Determine opportunities for connections and alignment on funding, programs, partners and resources.

Brynn Sheehan, Ph.D.

Associate Professor, Psychiatry and Behavioral Sciences, Director, Research and Infrastructure Service Enterprise (RISE), Eastern Virginia Medical School

Dr. Sheehan holds a doctorate in Health Psychology and a Master's degree in Justice, supporting the foundation for a multidisciplinary perspective on issues related to mental health and social justice. Her research focuses on the community and individual level, understanding specific stressors (e.g., health inequity, policy, discrimination) of health and health behavior, particularly among underserved populations.

Linda Rice, Ph.D.

Vice President for Grant Making, Hampton Roads Community Foundation

Dr. Rice has played a lead role in bettering the health and wellness of Hampton Roads residents, including the formation of Minus 9 to 5; Reinvent Hampton Roads (now the Hampton Roads Executive Roundtable); the grantmaking process for several Diversity, Equity, and Inclusion processes, including a million-dollar gift from Facebook to assist Black-led and Black-serving nonprofits; Advancing Equity Grants; and conducted Equity Assessments for nonprofits. The Hampton Roads Community Foundation is the 58th largest community foundation of about 750 in the country.

Jessica Mullen

Program Officer, OBICI Foundation

Jessica has been a Program Officer at the OBICI Foundation since 2019. Jessica combines her educational background with practical experience to drive impactful grantmaking efforts, particularly in Strengthening Safety Net and Improving Maternal Child Health initiatives, with a strong personal connection to Western Tidewater communities. Her prior experience includes Bon Secours and the Portsmouth Health Department, focusing on health policy advancement and community well-being initiatives.

Maninder Singh, MD

Chief of Mental Health and Behavioral Sciences, Hampton VA Healthcare System

Dr. Singh completed her medical education from Christian Medical School followed by her Psychiatry Residency at Eastern Virginia Medical School. She has been a practicing psychiatrist at the Hampton VA Medical Center since 1995, working in inpatient psychiatry, substance abuse and women's health settings. Since 2017, she has been the Chief of Mental Health and Behavioral Sciences at the Hampton VA.

Panel: Mental Health Resources in Hampton Roads

Objectives:

- Discuss the use of crisis and resource lines in accessing mental health resources and services for the behavioral health workforce and the community.

Susannah Uroskie

Board President, NAMI Coastal Virginia

Susannah Uroskie has been a part of the National Alliance on Mental Illness (NAMI) since 2016 after her 19-year-old daughter was released from a psychiatric hospital. She has been Board President of the local affiliate, NAMI Coastal VA, since August of 2021 and is the coordinator of the Youth and Young Adult Outreach. Susannah is passionate about mental health advocacy.

Megan Flaherty, LCSW

Community Engagement Partnership Coord., Hampton VA Suicide Prevention

Megan Flaherty has worked in the mental health field since 2004, and has been part of the Hampton VA Medical Center since 2018. In April 2020 she joined the Suicide Prevention Team as a case manager, was promoted to coordinator, and moved into the Community Engagement Partnership Coordinator role in 2022. In the CEPC role, Megan uses a public health approach to prevent and reduce suicide by working collaboratively with community-based coalitions to enhance the care our service members and Veterans receive in the community while also providing education and increasing awareness of VA resources and services.

Shirley Brackett, Director of Crisis Response, ForKids

As the Director of Crisis Response, Shirley has overseen operations directly benefitting the residents of Hampton Roads, including the Regional Housing Crisis Line, Resources 757 website, homeless outreach and the Virginia Eviction Reduction Pilot Program for Virginia Beach and Chesapeake. Shirley has dedicated her career to bettering the health and well-being of the communities she serves.

Staci Young, LPC, Director of Acute Care Services, Western Tidewater CSB

Staci Young is the Director of Acute Care Services for Western Tidewater CSB. She has 29 years of experience working in the crisis field. She works regionally on the implementation of 988 and Crisis Now model services. She has one son who will be attending the University of Virginia in the fall.

Upon completion of the event, attendee information will be submitted to EVMS Continuing Medical Education office. You will receive information from their office to claim your credit hours.

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Eastern Virginia Medical School and M. Foscue Brock Institute for Community and Global Health at Eastern Virginia Medical School, Master of Public Health Program at EVMS, Bon Secours Hampton Roads, Children's Hospital of the King's Daughters, Hampton VA Medical Center, Sentara Healthcare, The UP Center, Virginia Department of Behavioral Health and Developmental Services, and the Virginia Department of Veteran Services. Eastern Virginia Medical School is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

Eastern Virginia Medical School designates this live activity for a maximum of 4.0 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychology Credit

4 hour(s) of continuing education credit will be awarded for psychologists. The Eastern Virginia Medical School is approved by the American Psychological Association to sponsor continuing education for psychologists. The Eastern Virginia Medical School maintains responsibility for this program and its content. For questions about CE for psychologists, please contact Jennifer Flaherty at Jennifer.Flaherty@CHKD.org.

CEU – Other Health Professionals

Please consult with your accreditation agency on applying above CME or CE to your professional continuing education.